



## **ISA Level 1 Surf Coach**

### **Course information --**

The course is a blend of practical and theory-

### **Accreditation requirements**

1. Attendance at two day ISA Level One Instructor Course
2. 20 hours practical instructing (beginner level) guided by supervisor instructor. (Session records in workbook to be completed by candidate/instructor and signed off by supervisor instructor) OR documented RPL.
3. Instructor competency checklist, completed then signed off by designated supervisor instructor
4. Understand and sign 'Instructors Code of Conduct' agreement

#### **Note:**

- Session records - competency check list and 'Instructors Code of Ethics' are all contained in the Level One practical/assessment workbook  
- All completed workbooks must be sent to your ISA Official Course Presenter where required.

5. National Surf Federation membership recommended
6. Hold Ocean Rescue Award that is recognised locally ( SLSGB ,RLSS)

### **Course Modules covered**

Module 1: Understand roles of the instructor

Module 2: Know roles of instructor to maintain safety of surfer in your care

Module 3: Good knowledge of instructing methods

Module 4: Know how to develop skill

Module 5: Understand program planning

Module 6 Equipment

## Assessments -

### Course assessment

As instructor candidates you will be assessed as competent or not yet competent by the course presenter during the workshops and practical sessions during the two day level one surfing instructing course.

### Competencies /Assessments

1. Venue analysis
2. Lesson planning
3. Lesson delivery
4. Personal surfing skills

### Post Course

There are also Post Course requirements and further training consisting of

- 20 hours supervised coaching
- Complete Post Course workbook .

The ISA course is an internationally accepted qualification.

Candidates must be a minimum of 16 years of age to become an accredited ISA Instructor but must work under supervision of an ISA Instructor over 18 years of age. An ISA Instructor must be a minimum of 18 years of age to instruct without supervision.

### Level 1 updating procedures

It is compulsory for all active instructors to re-register their accreditation **annually** and renew their ocean rescue award **annually**. It is also recommended to become a financial member of your National Surfing Federation.

#### Important

Instructors who fail to complete re-registration requirements within six months of expiry may be required to be reassessed or complete the requirements of the course subject to an application to the ISA Coaching & Surfschool coordinator.

#### Note

- A USD\$100.00 fee to register your updated qualification applies. This can be completed at <http://www.isasurf.org/ISASTore>
- All registered instructors are listed on the ISA web site